

## **ABOUT THE AUTHOR** (120 words)

Elizabeth is an award-winning Australian author. She began her working life as an occupational therapist but changed direction after attending a writing course in New York City, while living there with her husband and two children. After a shock diagnosis of multiple sclerosis, writing would provide her with a much-needed lifeline.

Elizabeth's first book, *Marzipan and Magnolias*, depicting her complex relationship with her idiosyncratic mother, as well as the onset of MS, won the inaugural Finch Memoir Prize.

In her second book, *Bounty: A Memoir of Friendship, MS and the Dog That Changed Everything*, Elizabeth explores how illness reshapes identity and friendship, forcing her to rethink her own assumptions about disability and belonging.

Elizabeth lives in Sydney with her husband.